

FLORIDA ROUNDUP

2023

May 17 to 21



A NEW HAPPINESS

**Westin Fort Lauderdale
Beach Resort**

WELCOME TO FLORIDA ROUNDUP!

A letter from your Co-Chairs

Dear FRU Family,

Welcome Back to the Beach for **FRU 2023 – A NEW HAPPINESS!** Located, once again, at the **Westin Fort Lauderdale Beach** just across the Boulevard from Fort Lauderdale's famed LGBTQ+ Sebastian Beach.

On behalf of the 2023 BOD, Committees, and volunteers we're beyond excited to present this year's Florida Roundup, a mixture of fan favorites and some phenomenally fresh new offerings.

The most important part of Roundup is the recovery Program. Introductions start at the Group Meeting on Wednesday night. The four Thursday-to-Sunday guest-speakers are truly inspirational. Some new workshops include "Financial Sobriety", "Selfish vs. Self-Care" and "5 Lessons in Codependent Recovery" and returning favorites include "Drop the Rock", "Madonna Workshop" and "Breathwork".

And now for something completely different...

Entertainment kicks off **Thursday night** with a BA-AAANG! It's the **2023 Miss Florida Roundup World** pageant, and we're crowning a winner, Baby!

Friday Night Live features the fabulous "one-woman-show-party" vocalist, Big Red Meghan Murphy, accompanied by FRU favorite, Rick Leonard on the keyboard. The show starts immediately after the meeting.

For the first time on **Saturday Night, it's Drag Bingo!** Saturday is an *open meeting* so of course, it's *OPEN DRAG BINGO...* hosted by Global Tupperware Saleswoman of the Decade, Dixie Longate. *Anyone*, registered or not, can participate by simply purchasing a bingo book. Bingo books are available at the Registration table all week and at the entrance of the event.

Remember to download your Eventbrite tickets to your mobile device for the scannable QR code, ask for help if you need it, and wear your FRU name badge to all FRU events.

Speaking of what to wear; one last shout out... Boosters really came through this year with amazing T-shirt designs (mugs are back too)- **stop by Boosters often and early!**

And, as usual, FRU provides gallons and gallons and GALLONS of coffee to get you through it all.

To the Directors, Committee Members & Volunteers, we see you, value you and thank you!

To our Fellowship, as your 2023 cochairs, we invite you to take action, gather to create unity, work the workshops, and listen to the recovery message.. We also hope you'll take time to simply relax, enjoy each moment and celebrate *A New Happiness* as a community, a conference, and as grateful souls on a spiritual journey.

**In loving service,
Joffrey B. & Kevin O.
2023 FRU cochairs**



At the Florida Roundup,
our 12-step recovery community
comes together to share our
experience, strength and hope.

We welcome members of all
12-step programs to our events.

At our speaker meetings, our group
conscience has guided us to use
the literature of Alcoholics Anonymous,
the fellowship that birthed the
12-step movement.

We thank you for your attendance
and look forward to a great
2023 Florida Roundup.

Board of Directors

Co-Chairs: Joffrey B. and Kevin O.

Assistant Co-Chair: Paul C.

Treasurer: Bobby A.

Assistant Treasurer: Johnna Y.

Recording Secretary: Paul C.

Corresponding Secretary: Josh K.

Committees

Activities: Shane M, Gary D.

Boosters: David P., Eddie P., Ricky D. and Sherri S.

Decorating: Dori S., Kim G., Lewis G. and Matthew L.

Entertainment: Danny C.

Fundraising: Cory T., Freddy C. and Kendall C.

Hospitality: Jacky F., John B., John R., Mark F. & Tim S.

Host: Adam L., Carlos B., David S. and Rita S.

Program: George L., Jay N. and Michael R.

Raffle: Ron C.

Recovery Marathon: Eli S.

Registration: Myro R., Kevin S., Renan R., Robert L. & Tyrone G.

Traditions: John B.

Appointed Positions

Hotel Facilitator: Shane M. and Gary D.

Legal Counsel: Mitch M.

Warehouse Manager: Bobby A.

Volunteer Coordinator : Al D.

Graphic Design: Alex H.

Diversity Ambassador: Joyce M.

YEAR	CO-CHAIRS	THEME
1984	Jim S / Norma J	Celebrate Sobriety
1985	Nye W. / Jim S.	In All Our Affairs
1986	Jay J / Judy O	Courage to Change
1987	Judy O / Jay J	Alive Again
1988	Karen V / Jay J	Miracles in Progress
1989	Marty L / Karen V	Under New Management
1990	Joe H / Fran G	Living Miracle
1991	Fran G / Joe H	Bold New Directions
1992	Bobbie W / John S	Together We Can
1993	Gary S / Bobbie W	Back to Basics
1994	Beth H / Gary S	Sobriety, Serenity & Sunshine
1995	Warren R / Beth H	Pride in Recovery
1996	Jan S / Warren R	Pathways to Progress
1997	Tony D / Jan S	Joy of the Journey
1998 / 1999	Holly W / Tony D	Celebrating Our Recovery
2000	Joe V / Holly W	Carry the Message
2001	Joe McQ / Lisa D	Living the Miracle
2002	Lisa D / Joe Mc Q	A Vision for You
2003	Michael G / Mary O	Into Action
2004	Mary O / Michael G	20 Years, One Day at a Time
2005	Bill C / Charlie D	Courage to Be
2006	Bill C / Celia H	The Road of Happy Destiny
2007	Celia H / Jeffrey M	Sunlight of the Spirit
2008	Jeffrey M / Hal D	Sand, Sea & Serenity
2009	Hal D / Lori D	25 Yrs. of Recovery -Step by Step
2010	Lori D / Gordon E	Rocketed into the 4th Dimension
2011	Gordon E/ Jeanne M	Beyond Our Wildest Dreams
2012	Jeanne M / Sandy A	A New Freedom
2013	Sandy A / Joann H	Work It / Live It
2014	Joann H / Tyrone G	Sunny Serenity 30 Years of Hope
2015	Tyrone G / Crae P	Awakening Spirit
2016	Nick E / Pablo R	Uncover - Discover - Recover
2017	Nick E / Pablo R	Keys To The Kingdom
2018	Pablo R/ Robert L	Embrace Change
2019	Robert L. Bobby A.	Dive Into Serenity
2020	Bobby A / Billy G.	Happy, Joyous & Free
2021 / 2022	Billy G. / Joffrey B.	Break Free
2023	Joffrey B. / Kevin O.	A New Happiness

Schedule of Events

Wednesday, May 17th

- 12:00p-10:00p** Registration, Boosters Shop, and Hospitality Bonnet
(Closed during Opening Meeting)
- 12:00p-5:00p** Program Information Desk Rio Vista Foyer
- 3:30p-5:00p** Workshops, Recovery Marathon
(Schedule on pages 10-13)
- 8:00p-9:00p** Welcome to FRU 2023 Beach Ball Meeting Oceanside II
- 9:30p-11:00p** Game Night Pool Deck

Thursday, May 18th

- 6:30a-7:30a** Sunrise Meeting Beach
- 8:30a-10:30p** Registration, Boosters Shop, and Hospitality Bonnet
(Closed during Speaker Meeting)
- 8:30a-5:00p** Program Information Desk Rio Vista Foyer
- 9:00a-5:00p** Workshops, Recovery Marathon
(Schedule on pages 10-13)
- 8:00p-9:30p** Speaker Meeting Las Olas Ballroom
- 10:00p-12:00a** Miss Florida Roundup World Pageant! Las Olas Ballroom
Hosted by Heather H. & Liquor Mini



Schedule of Events

Friday, May 19th

6:30a-7:30a	Sunrise Meeting	Beach
8:30a-10:30p	Registration, Boosters Shop, and Hospitality <i>(Closed during Speaker Meeting)</i>	Bonnet
8:30a-5:00p	Program Information Desk	Rio Vista Foyer
9:00a-5:00p	Workshops, Recovery Marathon <i>(Schedule on pages 10-13)</i>	
6:00p-7:30p	Fellowship Buffet Dinner <i>(Ticket Required)</i>	Las Olas Foyer
8:00p-9:30p	Speaker Meeting	Las Olas Ballroom
10:00p-12:00a	Friday Night Live! Featuring Meghan Murphy & Rick Leonard	Las Olas Ballroom

Saturday, May 20th

6:30a-7:30a	Sunrise Meeting	Beach
8:30a-8:00p	Registration, Boosters Shop, and Hospitality <i>(Closes Before Speaker Meeting)</i>	Bonnet
8:30a-5:00p	Program Information Desk	Rio Vista Foyer
9:00a-5:00p	Workshops, Recovery Marathon <i>(Schedule on pages 10-13)</i>	
6:00p-7:30p	Gratitude Banquet <i>(Ticket Required)</i>	Las Olas Ballroom
8:00p-9:30p	Open Speaker Meeting	Las Olas Ballroom
9:30p-10:00p	Raffle Drawing	Las Olas Ballroom
10:30p-1:00a	Drag Bingo! Featuring Dixie Longate	Las Olas Ballroom

Schedule of Events

Sunday, May 21st

6:30a-7:30a	Sunrise Meeting	Beach
10:00a-10:30a	Farewell Sunday Breakfast Buffet (Ticket Required)	Las Olas Ballroom
10:30a-11:30a	Sunday Morning Meeting	Las Olas Ballroom

Official FRU RoundDown

Sunday, May 21st

6pm—8pm, meeting starts at 7pm

Looking to continue that Roundup spirit?

Wishing that maybe there was just one more event?

Join us for the RoundDown at the Lambda South Clubhouse!

Food, Fellowship, and an Open AA Meeting

FRU ThankUs Party/Elections

Sunday, June 25th

1:30pm—3:30pm, Food followed by

Business Meeting & Elections for FRU 2024

Please join us, get involved and Make 2024 the best FRU EVER!

Both Events at

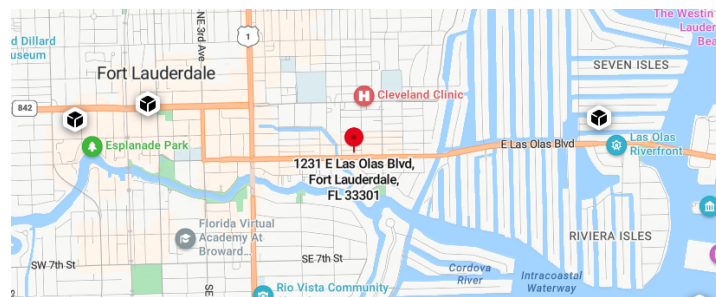
Lambda South Clubhouse

1231-A East Las Olas Blvd

Fort Lauderdale, FL 33301

*Entrance via back alley off 13th street

All are welcome to these clean and sober events



38th Annual
**Florida
Roundup
2023**



**FRIDAY
NIGHT**

LIVE!

**STARRING
MEGHAN "BIG RED" MURPHY**



**SATURDAY
NIGHT**

**DRAG
BINGO**

**HOSTED BY
DIXIE LONGATE**

Workshop Schedule

Wednesday, May 17th

3:30p-5:00p My First Roundup Rio Vista I

Thursday, May 18th

8:00a-9:00a Yoga Infusion Sky Terrace

9:00a-10:30a Relationships in Sobriety: *Finding & keeping them* Oceanside II

Steps 1, 2, & 3 Rio Vista I

The Magic of Mirror Work: *Seeing myself as my HP sees me.* Rio Vista II

11:00a-12:30p Selfish vs. Self Care Oceanside II

Al-Anon Rio Vista I

Sponsorship: *The Greatest Gift Received & Given* Rio Vista II

1:30p-3:00p HIV in Sobriety Oceanside II

Eating Disorders Rio Vista I

Learning to Live a Sober Life Rio Vista II

3:30p-5:00p Long Term Recovery Panel Oceanside II

Steps 4 and 5 Rio Vista I

Reclaiming Creativity in Recovery: *Making Amends with your Muse* Rio Vista II

Workshop Schedule

Friday, May 19th

8:00a-9:00a	Yoga Fusion	Sky Terrace
9:00a-10:30a	5 Lessons in Codependent Recovery	Oceanside I
	Relationships in Sobriety <i>Finding & keeping them</i>	Oceanside II
	Being a Chronic Pain Warrior in Recovery	Rio Vista I
	Safe, Sane and Sober in Leather	Rio Vista II
	Another Way to Meditate – Kirtan	Las Olas Ballroom
11:00a-12:30p	Financial Sobriety	Oceanside I
	Untangling, Meth, Sex, and Intimacy	Oceanside II
	My First Roundup	Rio Vista I
	Circle of Love	Rio Vista II
	Breathwork	Las Olas Ballroom
1:30p-3:00p	Women’s Speaker Panel	Oceanside II
	Men’s Speaker Panel	Las Olas Ballroom
3:30p-5:00p	Sexual and Relationship Ideals	Oceanside I
	Drop the Rock	Oceanside II
	Just How Spiritual Am I?	Rio Vista I
	The Magic of Mirror Work: <i>Seeing myself as my HP sees me.</i>	Rio Vista II

Workshop Schedule

Saturday, May 20th

8:00a-9:00a	Yoga Infusion	Sky Terrace
9:00a-10:30a	Step 12B: " <i>Practicing Principles in All Our Affairs</i> "	Oceanside I
	Combating Stigma with HIV & Recovery	Oceanside II
	Steps 8 & 9	Rio Vista I
	Healing from Trauma	Rio Vista II
	Relapse Prevention, Y12SR	Las Olas Ballroom
11:00a-12:30p	Selfish vs. Self-Care	Oceanside I
	Untangling, Meth, Sex, and Intimacy	Oceanside II
	Steps 10, 11 and 12	Rio Vista I
	Sponsorship: <i>the greatest gift received and given!</i>	Rio Vista II
	Gender Diversity Panel	Las Olas Ballroom
1:30p-3:00p	Financial Sobriety	Oceanside I
	Connections to Our Past: <i>LGBTQ History in AA</i>	Oceanside II
	The other A & A (Agnostic & Atheist)	Rio Vista I
	Single in Sobriety	Rio Vista II
	Madonna	Las Olas Ballroom
3:30p-5:00p	Sexual and Relationship Ideals	Oceanside I
	Drop the Rock	Oceanside II
	Just How Spiritual Am I?	Rio Vista I
	Circle of Love	Rio Vista II

Recovery Marathon Schedule

Wednesday May 17th

4:30p-5:30p	AA Open Discussion	Oceanside I
11:00p-12:00a	CMA Speaker Meeting	Oceanside I

Thursday May 18th

8:00a-9:00a	AA Open Discussion	Oceanside I
12:30p-1:30p	Alanon Open Discussion	Oceanside I
4:30p-5:30p	AA Open Discussion	Himmarshee
11:00p-12:00a	CMA Speaker Meeting	Himmarshee

Friday May 19th

8:00a-9:00a	AA Open Discussion	Himmarshee
12:30p-1:30p	Alanon Open Discussion	Himmarshee
4:30p-5:30p	AA Open Discussion	Himmarshee
11:00p-12:00a	CMA Speaker Meeting	Himmarshee

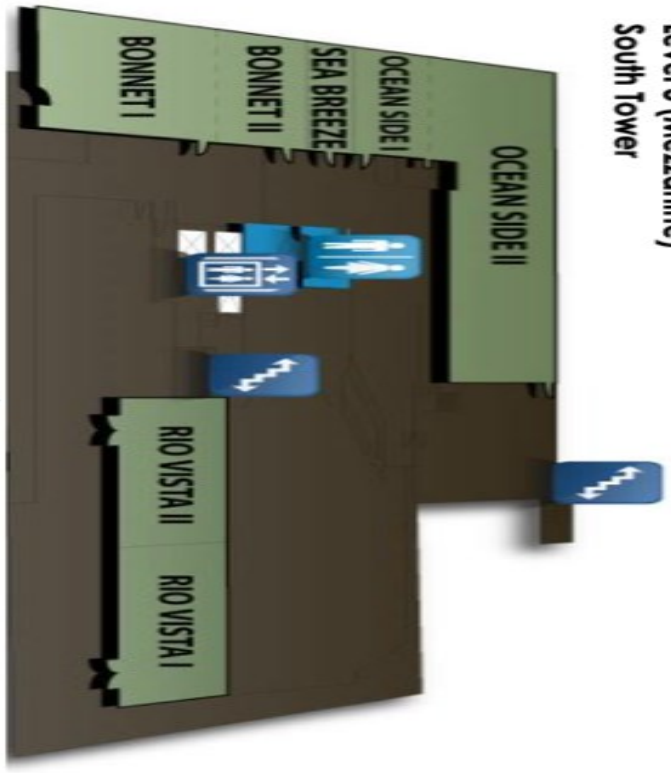
Saturday, May 20th

8:00a-9:00p	AA Open Discussion	Himmarshee
12:30p-1:30p	Alanon Open Discussion	Himmarshee
4:30p-5:30p	AA Open Discussion	Himmarshee
11:00p-12:00a	CMA Speaker Meeting	Himmarshee

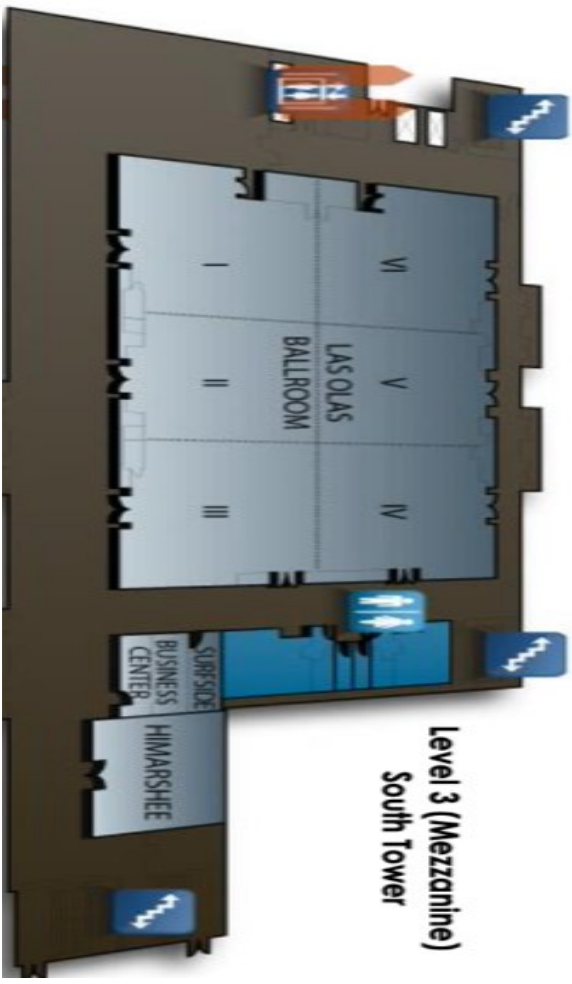
Westin Function Space Map

Level 4 - Sky Terrace

Level 3 (Mezzanine)
South Tower



Level 3 (Mezzanine)
South Tower





Facebook

Stay up to date with the latest news from Florida Roundup all year round. Search “Florida Roundup, Inc” and like us. This is a private members-only informational page to protect your and others anonymity. **GSO reminds us “we are responsible for our own anonymity and that of others.”**



RAFFLE PRIZES

AN APPLE A DAY
APPLE TV
APPLE MINI HOMEPOD MINI
IPAD MINI

GOTTA GET AWAY
2 JETBLUE PLANE TICKET
2 NIGHTS HOTEL STAY AT THE WESTIN HOTEL
VISA GIFT CARD

DATE NIGHT!
MORTON'S STEAKHOUSE GIFT CARD
FANDANGO GIFT CARD
DAIRY QUEEN GIFT CARD

GIFT CARD BONANZA!
\$500 WORTH OF GIFT CARDS!

ARE YOU FEELING LUCKY?
25 SCRATCH OFF TICKETS
2 BOOKS OF 10 BINGO CARDS

FRU 2024 GRAND PRIZE!
2 REGISTRATIONS
4 NIGHTS STAY AT WESTIN FORT LAUDERDALE BEACH
MEAL TICKETS FOR 2

We ask you to limit your online activity with regard to Florida Roundup in three ways:

- Do not mention Florida Roundup by name or acronym (FRU) in your public posts and blogs.
- Do not list the names of other people at the Roundup in your public posts and blogs.
- Do not post any photographs of people or facilities associated with the Florida Roundup in your public posts and blogs

We ask that you observe these guidelines in reference to all Florida Roundup meetings, fundraisers and events.

